

PHYSICAL EDUCATION, ASSOCIATE OF ARTS (510)

About Our Program

This program is intended to provide the first two years of a four-year baccalaureate program. Highland's program and comprehensive facility enables the student to receive an excellent background of experience in physical education, sports, and recreation.

Nature of Work and Employment

College graduates of four-year baccalaureate programs with a major in physical education or the related fields of fitness, health, recreation, or sports will discover many opportunities for career employment within the education system as teachers, coaches, trainers, and administrators. Graduates may also find employment within industry as fitness, recreation, and sport specialists and within the health professions as fitness, physical, and recreational therapists.

Special Considerations

Careers in physical education and related fields are challenging, interesting and personally rewarding. The work environment is most often surrounded with a high degree of enthusiasm and motivation. The listed coursework is a recommendation only. Students should check with a student advisor for HCC graduation requirements and specific university requirements in this major. Students must meet with an advisor to ensure that the special requirements of the department and institution to which they plan to transfer are met. Colleges and universities have specific requirements for transfer students.

Requirements

Associate of Arts Requirements

Students must meet all requirements for the Associate of Arts degree (<https://catalog.highland.edu/programs-available/aa-requirements/>) in order to graduate from Highland Community College. For more information, please see your advisor.

Recommended Courses

The following are recommended courses for this major only. Students must still meet all requirements for the Associate of Arts degree (<https://catalog.highland.edu/programs-available/aa-requirements/>) (see page 56) in order to graduate from Highland Community College. For more information, please see your student advisor.

Code	Title	Hours
BIOL 120	Found of Anatomy & Physiology	5
PHYD 111	Intro to Physical Education	2
HLTH 112	Health	2
PHYD 115	Introduction to Recreation	3
PHYD 124	Theory of Football Coaching	2
PHYD 135	Games In Elementary Phys. Ed.	3
HLTH 212	First Aid	2
PHYD 225	Theory of Baseball Coaching	2
PHYD 226	Theory of Basketball Coaching	2
PHYD 227	Sports Officiating	3
PSY 261	Educational Psychology ¹	3
PSY 262	Human Growth\Development ¹	3

¹ Course has a prerequisite. See course description.

Program Outcomes

- Written Communication: Students will be able to produce written work that displays college-level skills, insight, and critical thinking through meaningful and appropriate content.
- Oral Communication: Students will be able to prepare and deliver a purposeful presentation designed to increase knowledge, to foster understanding, or to promote change in the listeners' attitudes, values, beliefs, or behaviors.
- Critical Thinking: Students will be able to evaluate and create arguments that consider a variety of issues, ideas, artifacts, and events.
- Quantitative Literacy: Students will demonstrate the ability to reason and solve quantitative problems from a wide array of authentic contexts and everyday life situations.
- Information Literacy: Students will engage in reflective discovery of information, evaluate information based on an understanding of how it is produced and valued, synthesize information to create new knowledge and participate ethically in communities of learning.
- Diversity: Students will recognize diversity in the global community and model culturally competent civic and social participation.

Program Contacts

Call Highland at 815-235-6121 for the following program contacts:

- Michael Broskowski, Director of Athletics and Physical Ed.
- Vicki Schulz, Student Advisor/Transfer Coordinator