

# PSYCHOLOGY (PSY)

## PSY 160 Psychology of Human Relations (0.5-3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 0.5-3

Repeatable: 6 times

Provides students with an opportunity to discover and study the importance of self-love, self-respect, and self-confidence. A seminar approach is used to encourage maximum participation by students and the instructor.

## PSY 161 Introduction to Psychology (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: LTRE 097 or ESL 097 with minimum grade of C or Academic placement measures.

Scientifically studies and interprets human behavior. It considers such topics as child growth and development, personality, emotions, learning, intelligence, and perception. IAI Codes: S6 900 and SPE 912

## PSY 162 Child Psychology (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

A foundation course in the theory and principles of child development which concentrates on the physical, emotional, social and intellectual (cognitive) growth patterns from prenatal through adolescence. Emphasis is placed on the interaction of these developmental aspects. Theories studied will emphasize the development of the child in the context of gender, family, culture, and society and will include Skinner, Erikson, Piaget, Vygotsky, and others. Professional education majors may be responsible for classroom observation in local institutions. IAI Code: S6 903

## PSY 163 Practical Psychology (0.5-2 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 0.5-2

Repeatable: 4 times

Applies the psychological principles that lead to efficiency, motivation, communication, interpersonal skills, and attitudes in everyday life situations.

## PSY 228 Introduction to Counseling (3 Credit Hours)

Type of credit: Occupational/Technical

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

Introduces the theories and techniques of counseling in a school setting. Various counseling topics, including career, group and individual counseling, and helping skills will be covered. Theories using behavioral, affective, and cognitive approaches will be included.

## PSY 230 Counseling/Interview Technique (3 Credit Hours)

Type of credit: Vocational Skills

Lecture hours: 2

Lab hours: 2

An introduction to counseling skills with emphasis on community resources and approaches to assisting others in connecting with referral services. Includes the interview dynamics, methods of establishing rapport, information-gathering techniques, development of self-awareness, communication, and listening skills. The course includes specific expertise in crisis intervention, recognition of stress, and personality disorders.

## PSY 260 Abnormal Psychology (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Lab hours: 0

Prerequisite: PSY 161 with minimum grade of C.

A basic course in the study of various categories of maladaptive or disturbed behavior designed to acquaint the student with the diagnostic criteria, causes, and methods of treatment for each. Contemporary research and multicultural issues are also addressed. IAI Code: PSY 905

## PSY 261 Educational Psychology (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

Examines psychological principles related to human learning and cognition in a variety of educational settings. Topics studied include theories of human development, behavioral and social views of learning, student motivation, design of assessments, cultural differences in learning & education, and specific instructional strategies.

## PSY 262 Human Growth\Development (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

Studies the psychological development of the individual. Topics to be studied include: principles of development, research methods, physical growth, and emotional and social development. Professional education majors may be responsible for classroom observation in local institutions. IAI Codes: S6 902, EED 903, SED 903, SPE 913, and EDU 902

## PSY 264 Social Psychology (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

Emphasizes social interaction, social influence, and norms of behavior with particular reference to the development of attitudes, motives, and motive patterns in groups. Relation of group structure and dynamics to role prescription and acceptance is also covered. IAI Code: S8 900

## PSY 268 Introduction to Personality (3 Credit Hours)

Type of credit: Baccalaureate/Transfer

Lecture hours: 3

Prerequisite: PSY 161 with minimum grade of C.

Introduces the student to the dynamics involved in developing personality. Examines the psychoanalytic, trait, behavioral, cognitive, and humanistic perspectives on the development and measurement of personality.